

## When to Keep Your Child Home During COVID-19

**If YES to any of the following symptoms, even if mild, your child cannot attend Hutch Kids and must get tested for COVID-19. Symptoms must be resolved before returning to care as specified below.**

**Does your child have any of the following symptoms?**

- ◆ Fever (a temperature of 100.4 or higher) - considered resolved when fever free for 24 hours without the use of fever reducing or fever reducing medications
- ◆ Cough—considered resolved when cough is infrequent during waking hours and does not interfere with a child’s ability to eat, drink, sleep or participate fully at school
- ◆ Chills—must be fully resolved before returning
- ◆ Muscle pain— must be fully resolved before returning
- ◆ Headache—must be fully resolved before returning
- ◆ Runny or stuffy nose—considered resolved when the nose does not need to be wiped 3 or more times in an hour and is infrequent during waking hours and does not interfere with a child’s ability to eat, drink, sleep or participate fully at school
- ◆ Sore throat—must be fully resolved before returning
- ◆ Diarrhea—considered resolved when child has been diarrhea free for 24 hours
- ◆ Vomiting—considered resolved when child has been vomit free for 24 hours
- ◆ New loss of taste or smell—considered resolved with negative COVID-19 test results
- ◆ Other signs of new illness unrelated to a known condition (such as seasonal allergies) - see illness letters for exclusion policies (provided by Hutch Kids)

**There are two types of COVID-19 tests available:**

### **Rapid (Antigen) At-Home Test**

1. Test immediately upon becoming symptomatic. If test is positive, contact Hutch Kids administration to notify of the results and receive guidance on when the child can return.
2. If test is negative, test again in 24 hours. If test is negative, provide results of both tests labeled with the child's name and dates to Hutch Kids. See information above to determine if the child is well enough to return to Hutch Kids.

### **PCR (Molecular Test)**

1. Test immediately upon becoming symptomatic. If test is positive, contact Hutch Kids administration to notify of the results and receive guidance on when the child can return.
2. If test is negative, provide results of test labeled with the child's name and date to Hutch Kids. See information above to determine if the child is well enough to return to Hutch Kids.

**If children do not meet the criteria described above for testing and symptom resolution, they should stay home to prevent the spread of contagious illness.**